

DATE: May 26, 2024

TITLE: "When You Fast..."

SCRIPTURE: Matthew 6:16-18

SPEAKER: Patrick Mostek

FAITH COMMUNITY CHURCH SMALL GROUP DISCUSSION GUIDE

OPENING PRAYER

ICE BREAKER: When you think of fasting, what comes to mind and why?

THINK BACK: Referring back to this week's sermon... What is the BIG IDEA of the Scripture AS IT WAS TAUGHT THIS WEEK? Was there anything that left you with questions?

DISCUSSION QUESTIONS

Read Matthew 6:16-18

1. In the sermon, Pastor Patrick said that Jesus is calling us to a radically god-centered faith that is willing to sacrifice for more of Him. Do you agree or disagree? Where would you go in Scripture to demonstrate it?
2. Where have you seen genuine Christianity marked by sacrifice?
3. What do you think of JI Packer's warning about "hot tub religion?" Have you ever seen this?
4. What does it mean to hunger and thirst after God? (Look at Psalm Psalm 42:1, 63:1, 84:2, 119:20)
5. Should Christians fast? Why or why not? Why do you think that so many Christians fail to fast?
6. How did the Pharisees go wrong in their fasting?
7. Why do Christians fast?

APPLICATION

Think about what most caught your attention in the text or discussion. Why is God catching your attention with this at this point in your life? What does God want you to know or do? What's one thing from this text that you could say to an unbeliever about who God is?

PRAYER

Ask people for specific prayer requests. Pray for needs and for applications of the text. Ask for volunteers who would like to pray for those people and requests.

SHEPHERDING

Check the roster and see who is not there. Does the group know why someone is not there? Are there needs that can be met by the group? Specific prayer requests? Ask for someone to reach out and say, "We missed you."

MONTHLY MEMORY VERSE FOR MAY:

All Scripture is breathed out by God and profitable for teaching, for reproof, for correction, and for training in righteousness, that the man of God may be complete, equipped for every good work. 2 Timothy 3:16-17

REMINDERS

Small Group Checklist

- Ask about ideas to serve in some way together. Serve 1x every six weeks or so.
- Encourage people to invite friends or neighbors to your group!! One way to reach 'out' together is to welcome people 'in.'
- Discuss childcare, if needed.
- Talk about any upcoming group meals or activities.

Check the bulletin, monthly newsletter and events page on the website for ways that you can get plugged in, as well as events here at FCC. Here are a couple of those things:

- Faith Rebuild! Save the Date for Friday, July 26th and Saturday, July 27th for Faith Rebuild. We will have the opportunity to help Sonshine Learning Center transfer from our facility to their beautiful new facility in town. There will be many jobs requiring many hands. Let's bless them as a church family! Sign-ups and more info coming in the next few weeks!
- Our next Faith Training Class - Family Discipleship Part 2 - will be taking place on Sunday, June 2nd immediately following 2nd service. Patrick told us the why, now he will talk about the how. Sign up online!